

# **DTS COURSE CALENDAR**

## **SPRING 2024**

### **DTS L1**

**FEB 13-15 Thornhill**

**APR 10-12 Thornhill**

**MAY 2-4 Calgary**

### **BARBELL STRENGTH**

**APR 26-28 Toronto**

**FEB 16 - MAR 17 Online**

